

## Skills Workshop Human Development Self-Assessment

To evaluate the effectiveness of the material presented today, **please rate your competencies** in the following knowledge and skills areas that were addressed in this workshop. You are evaluating yourself, not the workshop style or instructor. This self-evaluation will become part of your confidential file to track your progress through the program.

Use the scale of 1 to 5 (lowest to highest).

If you choose, please elaborate in the accompanying comment sections. Be aware that you have only been introduced to these areas in this workshop. Your competency may be in the early stages of awareness.

Please rate the extent to which this workshop has contributed to your:

1. Understanding of one's faith development and how it relates to life.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_  
\_\_\_\_\_

2. Ability to articulate and share one's faith.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_  
\_\_\_\_\_

3. Ability to design opportunities for faith development appropriate to people at different levels of growth.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_  
\_\_\_\_\_

4. Appreciation for the dynamics of human growth and development.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_  
\_\_\_\_\_

5. Ability to create a hospitable environment where people are valued for who they are and who they might become.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_  
\_\_\_\_\_

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6. Ability to conduct honest self-assessment and to assist others to do the same.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_

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7. Understanding of the dynamics of parish growth and conversion.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_

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8. Ability to identify and articulate parish dynamics.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_

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9. Understanding of family systems theory and group development principles.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_

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10. Ability to integrate family systems theories and group development processes into catechist formation sessions, parent meetings, and program planning.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_

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11. Understanding of the theories of the developmental stages of a person, including physiological, emotional, cognitive, moral, and faith growth for adults, adolescents, and children.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_

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12. Ability to apply the theories of development growth to various learning situations and in a variety of settings for adults, adolescents, and children.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_

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13. Ability to develop and extend program opportunities to include groups and/or individuals.

1                      2                      3                      4                      5

Comments: \_\_\_\_\_  
\_\_\_\_\_

14. What one image captured your eye? Why?

\_\_\_\_\_  
\_\_\_\_\_

15. What one idea struck you? Why?

\_\_\_\_\_  
\_\_\_\_\_

16. What relevance from the day's presentations do you see for your ministry?

\_\_\_\_\_  
\_\_\_\_\_

17. How will this Skills Workshop help you to develop a spirituality appropriate to your ministerial roles, responsibilities, or commitments?

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\_\_\_\_\_

Print Name (Required): \_\_\_\_\_ Date: \_\_\_\_\_